



LAKE FOREST
COLLEGE

The Career Milestones Map

This map provides a self-paced career guide to key actions you can take during your academic journey. Track your progress as you go!
Remember, the Career Advancement Center and your Forester community are here to help every step along the road!

Digital Map:



Year 1

LEARN about yourself and your career options.



The First-Year Fast Track

Take your first steps in career planning by attending workshops and completing a few foundational actions.



First-Year Lab Visit with CAC: Envision Your Future

Get started with your career planning journey.



Resume and LinkedIn Workshop

Draft a resume using Hiration, and get started with your LinkedIn profile.



Register on Handshake.



Can't make it to a workshop?

Stop by Career Express Advising for assistance.



Goal: By the end of your first year, have a resume draft completed in Hiration.



What's Next?

EXPLORE YOUR INTERESTS & SKILLS

- ☐ Take interesting courses
- ☐ Join an on-campus organization
- ☐ Talk to faculty and peers about majors and careers

MEET YOUR PATHWAY COMMUNITY

- ☐ Meet us at a CAC Open House or Career Express Advising
- ☐ Follow @LFCareers on social media
- ☐ Attend other career events like Pathway Kickoffs



Year 2

Target professional pathways and
DEVELOP relevant skills.



Updated Resume & LinkedIn

Upload your resume to Handshake.



Professional Introduction

Complete a practice interview with your "elevator pitch" in Hiration, sharing who you are and your plans for your future.



ATTEND 1-2 CAREER EVENTS

- Pathway Kickoff (September)
- So, You Want to Do an Internship? (Nov. and Feb.)
- Speed Networking (October)
- Career-A-Palooza (March)
- GO Networking events off campus
- Other CAC, employer, and club events



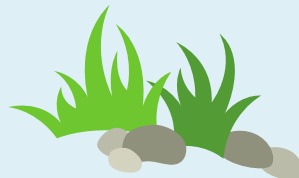
IDENTIFY CAREERS OF INTEREST

- Match Your Interests to Careers
 - Use Focus2 and What Can I Do With This Major?
- Explore Companies
 - Follow employers on LinkedIn and Handshake
- Career Conversations
 - Talk to peers
 - Talk to your career advisor about an alumni "informational interview"



BUILD SKILLS AND EXPERIENCE

- Job Shadowing and Job Simulations (e.g. Forage)
- Volunteer Work
- Summer Internships
- Research
- Employer Early Engagement Programs



PLAN AHEAD

- Develop your strategy to work toward your post-graduation goals:
 - Classes related to your career
 - Off-campus study and study abroad
 - Internship (for-credit or non-credit)
 - FFC Experiential Learning Requirement



Year 3

Refine professional pathway(s) and
STRENGTHEN skills and experience.



Career Conversations & Interviews

Attend a networking event and/or join the mentoring program. Complete mock interviews in Hiration.



Internships & Research

Complete a professional real-world experience.



PLAN YOUR PATH

- Research companies, organizations, and graduate schools
- Meet with your career advisor to discuss:
 - Experiential Learning
 - Internship Search Strategy



BUILD YOUR COMPETENCIES AND TECHNICAL SKILLS

- CAC's Online Professional Training (winter break)
- Volunteer Work
- Job Shadowing and Job Simulations (e.g. Forage)



PREPARE FOR INTERVIEWS

- Update your resume and LinkedIn
- Refine your professional introduction
- Practice with Hiration and your career advisor



GROW CAREER KNOWLEDGE

- **Attend:**
 - Pathway Kickoff (September)
 - So, You Want to Do an Internship? (Nov. and Feb.)
 - **Speed Networking (October)**
 - **Career-A-Palooza (March)**
 - GO Networking events off campus
 - Other CAC, employer, and club events



GROW YOUR NETWORK

- **Sign up for the Foresters CAREER Mentoring Program (winter break)**
- Arrange an alumni "informational interview"
- Connect with professionals and alumni on LinkedIn



**The
Forester
Advantage**

Year 4

POLISH your credentials and pursue opportunities.



Search Plan

Implement a strategic plan for securing employment or admission to graduate school by attending a job search workshop and meeting with your career advisor. Network, parallel plan, and research opportunities.



Forester Advantage

Polish your application materials and get comfortable talking about your career competencies, technical skills, and real-world experience.



ATTEND CAREER EVENTS

- **Speed Networking (October) and other networking events**
- Industry-specific career events
- Career-A-Palooza (March)
- GO Networking events



MOBILIZE YOUR NETWORK

- **Meet a new mentor through the Foresters CAREER Mentoring Program (winter break)**
- Share post-grad plans with your professional network



POLISH YOUR CREDENTIALS

- Complete additional internships/research
- Sign up for CAC's Online Professional Training (winter break) and Leadership Badge (summer)
- Refine skills (e.g. classes, online certifications)
- Polish your resume and LinkedIn
- Practice for interviews (Hiration and career advisor)



PREPARE FOR POST-GRAD

- Identify employment, graduate school, fellowships, or other opportunities
- **Apply!**
- "Network in" to opportunities
- Maintain an application log
- Prepare to negotiate, navigate, and accept offers



SHARE YOUR NEWS WITH THE CAC AND YOUR NETWORK!

