

ILLINOIS DEPARTMENT OF PUBLIC HEALTH

Know the Difference?

Is it a COLD or FLU or COVID-19

COVID-19 COLD SNEEZING
FLU COUGH
FLU BODY ACHES
 SIGNS AND SYMPTOMS
COLD HEADACHE
 SNEEZING
 STUFFY NOSE



Signs and Symptoms	COLD	FLU	COVID-19
Symptom onset	Gradual	2 days	2-14 days
Body Aches	Slight	Common	Common
Cough	Common	Common	Common
Diarrhea	Rare	Sometimes	Sometimes
Fatigue/Weakness	Sometimes	Common	Common
Fever/Chills/Shaking	Rare	Common	Common
Loss of Taste or Smell	Never	Never	Sometimes
Shortness of breath or Difficulty Breathing	Rare	Common	Common
Stuffy nose	Common	Common	Common
Sneezing	Common	Sometimes	Rare
Sore throat	Common	Common	Common
Headache	Rare	Common	Common

